***What is the name of the Committee?***

The Wellbeing Committee.

***What is the purpose of the Committee?***

During the first year of this Committee’s existence, its focus was on mental health supports for students and information about student mental health for parents. This marks the second year of the Committee and its focus may be expanded to a wider definition of student wellbeing.

***What are the responsibilities and limitations?***

The responsibilities will depend on Committee members’ interests and availability. The biggest limitation this Committee faces is that is has only 3 members at present.

***What are the specific tasks?***

We have identified two areas of interest:

1. Updating and possibly expanding the resource guide to mental health supports that was created last year; and
2. Exploring the possibility of a “safe space” or “quiet lunchroom” during lunchtime for kids who have difficulty socialising with their peers.

We are also approaching the student-run WellNNS group to see if they have any initiatives that would benefit from our support or ideas to suggest for our involvement.

***When should the job be completed and what type of report is expected?***

Updating the guide should be completed by mid-November.

The lunchtime initiative depends on student support as all clubs at Northern are student-led. As we are a very small Committee, Shellie is working with the Learning Disability Advisory Committee to see if they can identify any upper year students interested in leading this. The student leader would then need to find a staff adviser and they would work together to find teachers willing to supervise the lunchroom.

A Committee member will give periodic progress reports by email or in person at School Council meetings.

***What is the role of members and how is the membership decided?***

All Northern parents are welcome to join the Committee. Their roles will be determined by how much time they are able to dedicate and what ideas they bring to the Committee.

***Is there a budget?***

No funds are requested at this time. If the “quiet lunchroom” initiative becomes operational, this Committee may approach School Council for funding if a financial need is identified.

***What is the term of office for members and the method of filling vacancies?***

Members join for the current school year. All parents are welcome. As this Committee is fairly unstructured, there is no current need to determine a method for filling vacancies.

***What is the authority of the Committee?***

This is a sub-committee of School Council and will report to School Council on its activities.

***What resources are needed? What resources are already available?***

It would be wonderful to have more members.